



### SUNDAY



**Salon Open Jan 12<sup>th</sup> & 26<sup>th</sup>**  
**Book Appointments at Front Desk**

### MONDAY



**State Survey Book Located @ Receptionist Desk**

### TUESDAY

Activity Location Key  
**DR-Dining Room**  
**IR-In Room U-Unit**  
**AR-Activity Room**

**Room Visits M-W-F 12:45 til 1:30**

### WEDNESDAY



### THURSDAY



9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
1:00 Bowl Me Over  
Rose Bowl Starts the New Year  
2:00 Moments of Meaning  
Advice for Youngsters

### FRIDAY



9:30 Coffee Social & More  
10:00 Visit from Pastor Glenn  
New Year's Blessings & Moments of Meaning (DR)  
10:30 Senior Shape Up (DR)  
**2:00 Live Music w/ DeJaVu (DR)**  
3:00 Moments of Meanings (DR)  
5:45 Friday Night Bingo (AR)

### SATURDAY



9:30 Coffee Social & More  
**10:30 Bible Study Group DR**  
2:00 Candy Bingo (DR)  
3:00 Resident Rights Bingo

**Communion w/ Grace**  
9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
2:00 Trivia Time  
**National Trivia Day**  
3:00 Holiday Music (DR)  
**TRIVIA**

**Communion w/ Grace**  
9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
2:00 Snow Flake Fun (DR)  
3:00 Golden Globe Talk (DR)

**Communion w/ Grace**  
9:30 Coffee Social  
10:30 Senior Shape Up (DR)  
2:00 Throw Back Tik Toks  
Trends of Your Decade  
What was Yours?

**Communion w/ Grace**  
9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
2:00 Ice Cream Social (DR)  
3:00 Cards for Act

9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
2:00 Bingo Bucks (DR)  
3:00 Vision Board 2026 (DR)  
5:45 Crafting Corner (AR)

9:30 Coffee Social & More (DR)  
10:30 Senior Shape Up (DR)  
1:00 St Stephen's Episcopal Church  
2:00 Resident Rights Bingo (DR)  
3:00 Dozen Day-Doses of Dozens  
5:45 Crafting Corner (AR)

**Martin Luther King's Day**  
9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
**2:00 Happy Bday Dolly Parton Come & See Dolly Sing!**  
**5:45 Visit from Our Bible Study**

9:30 Coffee Social  
10:30 Senior Shape Up (DR)  
2:00 Bingo Bucks (DR)  
3:00 Cash in Bingo Bucks (DR)  
5:45 Crafting Corner (AR)

**Activity Professional Week**

9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
2:00 Happy BDay Mexico Munchies Mocktails & Pinata

9:30 Coffee Social & More (DR)  
**10:30 Pet Visit w/ Maggy (IR)**  
10:30 Tone It Up Tuesday (DR)  
**2:00 AC Poker Visit**  
**Men's Black Jack Card Games**  
2:00 Marvelous Manicures (DR)

9:30 Coffee Social & More (DR)  
10:30 Senior Shape Up (DR)  
1:00 St John's Catholic Church  
2:00 Penguin Day  
Craft Facts & More..... Penguin  
Movie Big Screen TV

Holocaust Remembrance  
9:30 Coffee Social & More (DR)  
10:30 Senior Shape Up (DR)  
2:00 Join in for Hand Massages & Manicures w/ Eminence  
Home Care (DR)

**10 AM STORE CART**  
9:30 Coffee Social & More  
10:00 St Max Catholic Church  
10:30 Senior Shape Up (DR)  
2:00 Play Time in the Snow  
Wanna build a Snowman??

9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
**2:00 Live Music w/ Harmony Seekers (DR)**  
3:00 Happy Winter Messages

**10 AM STORE CART**  
**Resident Council Meeting**  
9:30 Coffee Social & More (DR)  
10:30 Senior Shape Up (DR)  
2:00 Food for Thought & Resident Council Meetings (DR)  
3:00 SuperPower Fun (DR)

9:30 Coffee Social & More (DR)  
10:30 Senior Shape Up (DR)  
2:00 Valentine's Cards & Fun  
3:00 Love Stories (DR)

**HAPPY BIRTHDAY ELVIS**  
9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
2:00 Elvis Bday Party (DR)  
Elvis Tunes  
5:45 Classic Cinema Night (DR)

**Humanitarian Day**  
9:30 Coffee Social & More )  
10:30 Senior Shape Up (DR)  
2:00 Milkshake Madness (DR)  
2:30 Staff Appreciation Cards  
5:30 Classic Cinema Club

9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
2:00 Indoor Winter Game Day  
Board Word & Puzzle Time (DR)  
5:30 Classic Cinema Club

9:30 Coffee Social & More )  
10:30 Senior Shape Up (DR)  
2:00 Pie Day - Pudding Pies  
2:30 Playing the Baking Game  
5:30 Classic Cinema Club

9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
**2:00 Live Music w/ Keith (DR)**  
3:00 Friday Hangman (DR)  
5:45 Friday Night Bingo (AR)

9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
2:00 Winter Painting Party (DR)  
5:45 Friday Night Bingo (AR)

9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
**2:00 Music w/ Heart & Soul DR)**  
3:00 Chill Out w/ Trivia (DR)  
5:45 Friday Night Bingo (AR)

9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
**2:00 Live Music w/ Dale & Amy**  
3:00 Birthday Celebration w/ Cake  
5:45 Friday Night Bingo (AR)

9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
2:00 Candy KISS Bingo (DR)  
3:00 Valentine's Fun (DR)

9:30 Coffee Social & More  
10:30 Senior Shape Up (DR)  
2:00 Candy Bingo (DR)  
3:00 Fun & Games (DR)

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2:00 Candy Bingo (DR)  
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2:00 Candy Bingo (DR)  
3:00 Fun & Games (DR)