



COMPLETECARE
— MANAGEMENT —

June- Complete Care Dining Service Inc. Monthly Menu

Week 1	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Thursday 06/01/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Beer Battered Cod Buttered Noodles Vegetarian Blend OR Homemade Salisbury Steak w/ Dressing seasoned Potatoes Winter Blend Dessert: Fruit Cup	Coffee/ Tea Assorted Snacks	Soup of the Day Grilled Ham & Cheese Sandwich Carrot Raisin Salad or Cheese Dog on Bun with Baked Beans Dessert: Assorted Puddings	Coffee/ Tea Assorted Snacks
Friday 06/02/2023	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Roast Pork w/ Sauerkraut Cous Cous Carrots or Roast Turkey w/ Dressing Cornbread Stuffing Fresh Sauteed Zucchini Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day 3 Cheese Macaroni & Cheese Stewed Tomatoes or Steak Sandwich on Bun Peppers & Onions Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 06/03/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Veal Cordon Bleu Rice Spinach or Stuffed Cabbage Buttered Noodles Key Blend Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day California Cheeseburger on Roll Salad or Fish Filet Sandwiches Creamy Cole Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 2	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 06/04/2023	Coffee/ Tea Assorted Pastry	Omelet, Pastry Assorted Hot/ Cold Cereal	Breaded Pork Chops Seasoned Pasta Glazed Carrots or Flounder Filet Sweet Potatoes Broccoli Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Jersey Style Pizza Pie Salad or Cottage cheese w/ Fresh Fruit Fresh Baked Muffin Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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Monday 06/05/2023	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Beef & Broccoli Over Rice Chinese Vegetables or Calves Liver w/ Onions Creamed Corn Green Beans Dessert: Assorted Cake	Coffee/ Tea Assorted Snacks	Soup of the Day Ham & Swiss on Rye Bread Cucumber Salad or Tuna Sandwich Marinated Beans Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Tuesday 06/6/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Chicken Parmesan over Spaghetti Tossed Salad or Beef Pot Pie Mixed Vegetables Dessert: Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Jersey Cheese Steak or Liverwurst Sandwich, Lettuce, Onion	Coffee/ Tea Assorted Snacks
Wednesday 06/07/2023	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Grandmas Meatloaf w/ Gravy Mashed Potatoes Winter Blend or Broiled Chicken Leg Macaroni & Cheese California Blend Dessert: Cake	Coffee/ Tea Assorted Snacks	Soup of the Day Egg Salad Sandwich on a Roll w/ Tomato Salad Or Grilled Corned Beef & Swiss Sandwich Spinach Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Thursday 06/08/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Roast Turkey w/ Cranberry Sauce Cornbread Stuffing Broccoli Spears or Swedish Meatballs Over Rice Mediterranean Blend Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day California's Cheeseburger on Mini Kaiser Roll Salad or Caesar Chicken Wrap Sandwich Marinated Vegetables Dessert: Assorted Fruit	Coffee / Tea Assorted Snacks
Friday 06/09/2023	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	German Sauerbraten Potato Pancakes Red Cabbage or Baked Chicken Pasta Green Beans Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Ham & Cheese Sandwich Beet Salad or Chili Con Carne over Rice Green Beans Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 06/10/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Stuffed Manicotti w/ Meat Sauce Tossed Salad Garlic Bread or Baked Ham Seasoned Potatoes Cauliflower Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Roasted Turkey Salad Sandwich Greek Salad or Egg Salad Sandwich Cole Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 3	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 06/11/2023	Coffee/ Tea Assorted Pastry	Omelet, Pastry Assorted Hot/ Cold Cereal	Traditional Roast Turkey Cornbread Stuffing Winter Blend or Homemade Meatloaf w/ Dressing Sweet Potatoes Wax Beans Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Fish Cake on Bun Cole Slaw or Jersey Sub Tomato Cucumber Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 06/12/2023	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Broiled Caesar Chicken Leg Buttered Cous Cous California Blend or Calves Liver w/ Onions Mashed Potatoes Sauteed Zucchini Dessert: Assorted Pudding	Coffee / Tea Assorted Snacks	Soup of the Day California Cheeseburger on Roll Salad or Cheese Dog on Bun Baked Beans Sauerkraut Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Tuesday 06/13/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Veal Marsala Baked Potato w/ Sour Cream Broccoli or Homemade Salisbury Steak Buttered Noodles Spinach	Coffee/ Tea Assorted Snacks	Soup of the Day Baked Monti Cristo Marinated Beets or BBQ Pulled Pork on Roll Green Beans Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Wednesday 06/14/2023	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Stuffed Shells w/ Bolognese Sauteed Tossed Salad or Baked Ham Seasoned Potatoes Cauliflower Dessert: Assorted Cake	Coffee/ Tea Assorted Snacks	Soup of the Day Chicken Salad Sandwich w/ Grandma's Carrot Raisin Salad Or Salami & Swiss Sandwich, Asian Fusion Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Thursday 06/15/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Broiled Tilapia Mashed Sweet Potatoes Spinach or Stuffed Peppers Rice Mixed Vegetables Dessert: Assorted: Cake	Coffee/ Tea Assorted Snacks	Soup of the Day Ham & Swiss Sandwich Salad or Cottage Cheese w/ Fresh Fruit Muffin Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Friday 06/16/2023	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Breaded Pork Chops Seasoned Potatoes Carrots Bread or Shepherd's Pie Green Beans Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks	Soup of the Day Caesar Chicken Sandwich on Roll Bean Salad or Homemade Meatloaf on Buns Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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Saturday 06/17/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Pepper Steak Rice ORINATL Blends or Macaroni & Cheese Stewed Tomatoes Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Roasted Turkey SANDWHICH Salad or Tuna Salad Sandwich Beets Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
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Week 4	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 06/18/2023	Coffee/ Tea Assorted Pastry	Omelet, Pastry Assorted Hot/ Cold Cereal	Roast Center Cut Pork w/ Gravy Sweet Potatoes Wax Beans Bread or Veal Cutlet Cous Cous Winter Blend Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Meatball Parmesan Sandwich Broccoli or Italian Sandwich Carrot raisin Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 06/19/2023	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Corned Beef Sauteed Potatoes seasoned Cabbage Bread or Broiled Tilapia Succotash Stewed Tomatoes Dessert: Assorted Cake	Coffee/ Tea Assorted Snacks	Soup of the Day Hot Open Face Roast Turkey Spinach or Egg & Cheese on Roll Marinated Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Tuesday 06/20/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Spaghetti w/ Bolognese Sausage Tossed Salad Garlic Bread or Homemade Salisbury Steak Seasoned Potatoes Mixed Vegetables Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Chicken Sandwich Salad or Egg Frittata Shredded Potatoes Spinach Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Wednesday 06/21/2023	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Hungarian Goulash, Noodles, Stewed Vegetables or Stuffed Cabbage, Mashed Potatoes, Carrots Dessert: Assorted Fruits	Coffee/ Tea Assorted Snacks	Soup of the Day Pepperoni Pizza Salad or Cheese Steak on Bun Peppers & Onions mushrooms Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks



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Thursday 06/22/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Seasoned Chicken Mashed Potatoes Green Beans or Veal Stew Rice Stew Vegetables Dessert: Assorted Cake/Pastry	Coffee/ Tea Assorted Snacks	Soup of the Day Pastrami & Cheese on Rye Salad or Tuna Fish Sandwich Cucumber Salad Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Friday 06/23/2023	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Lasagna w/ Bolognese Sauce Winter Blend or Roast Turkey w/ Dressing Cornbread Stuffing Green Beans Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Chili Con Carne Over Rice Zucchini Sautéed Dinner Roll or Egg Salad Sandwich Cole Slaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Saturday 06/24/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Meatloaf, Seasoned Potatoes, Glazed Carrots Or Calves Liver w/ Onions, Creamed Corn, Stewed Tomatoes Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Italian Sausage Parmesan on a Hoagie, Peppers, Onions Or Chicken Salad Sandwich, Marinated Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks

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Week 5	AM Snack	Breakfast	Lunch	PM Snack	Dinner	HS Snack
Sunday 06/25/2023	Coffee/ Tea Assorted Pastry	Omelet, Pastry Assorted Hot/ Cold Cereal	Pot Roast, Buttered Noodles, Green Beans Or Baked Ham, Seasoned Potatoes, California Blend Vegetables Dessert: Assorted Ice Cream	Coffee/ Tea Assorted Snacks	Soup of the Day Roasted Turkey Sandwich, Salad Or Liverwurst Sandwich, Lettuce, Onion Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Monday 06/26/2023	Coffee/ Tea Assorted Pastry	Classic Texas French Toast w/ Maple Syrup, Breakfast Meat Assorted Hot/ Cold Cereal	Chicken Leg, Sweet Potatoes, Peas & Carrots, Bread or Center Cut Pork Chop, Stuffing, Sautéed Summer Squash Dessert: Assorted Cake	Coffee/ Tea Assorted Snacks	Soup of the Day Vegetable & Cheese Quiche, Broccoli Florets Or Meatball Sandwich, Marinated Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks



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Tuesday 06/27/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Beef Stroganoff with Fresh Mushrooms over Noodles, Spinach or Chicken Pot Pie, Oriental Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Tuna Fish Sandwich with Three-Bean Salad Or Menu Planning Meal Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Wednesday 06/28/2023	Coffee/ Tea Assorted Pastry	Golden Brown Pancakes with Maple Syrup Breakfast Meat, Assorted Hot/ Cold Cereal	Spaghetti with Meatballs, Tossed Salad Or Veal and Peppers, Seasoned Rice, Stewed Vegetables Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Egg Salad Sandwich, Tomato Salad Or Salami and Cheese Sandwich, Coleslaw Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks
Thursday 06/29/2023	Coffee/ Tea Assorted Pastry	Scrambled Eggs & Pastry Assorted Hot/ Cold Cereal	Broiled Flounder, Buttered Noodles, Vegetarian Blend Vegetables, Bread Or Homemade Salisbury Steak, Seasoned Potatoes, Winter Blend Vegetables Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks	Soup of the Day Grilled Ham & Cheese, Carrot & Raisin Salad Or Hot Dogs, Sauerkraut, Baked Beans Dessert: Assorted Pudding	Coffee/ Tea Assorted Snacks
Friday 06/30/2023	Coffee/ Tea Assorted Pastry	Homestyle Waffles w/ Maple Syrup Breakfast Meat Assorted Hot / Cold Cereal	Roast Pork with Sauerkraut, Seasoned Cous Cous, Glazed Carrots Or Roasted Turkey, Cornbread Stuffing, Zucchini Dessert: Assorted Jell-O	Coffee/ Tea Assorted Snacks	Soup of the Day Macaroni & Cheese, Stewed Tomatoes, Bread Or Cheesesteak with Peppers & Onions Dessert: Assorted Fruit	Coffee/ Tea Assorted Snacks